**DATE:** Tuesday, August 28, 2018  
**TIME:** 1:00-2:30pm  
**PLACE:** AHEC  
**COMMISSIONERS PRESENT:** Dan McDonald, Ron Weinstein, Agnes Attakai; Phone: Fran Roberts, Pam Lusk, Kristina Diaz, Kim Bentley, Laura Dorrell, Marylyn McEwen, Jerry Cabrera  
**OTHERS PRESENT:** Elizabeth Hall-Lipsy, Jennifer Zuniga, Colleen Reed Phone: Graham Haer, Christina Moorian Pennington, Marica Martinic, Edgardo Figueroa, Jeri Byrne, Martha McNair, Gail Emrick, Christy Pacheco  
**CHAIRMED BY:** Sally Reel

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<tr>
<th>AGENDA ITEM</th>
<th>ANNOUNCEMENT/DISCUSSION</th>
<th>ACTION/FOLLOW-UP</th>
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<tr>
<td>Meeting was called to order at 1:02 p.m.</td>
<td>Welcome &amp; Introductions</td>
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<td>Quorum Present 1:04pm</td>
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<td>Minutes:</td>
<td>Approved</td>
<td>Motion to approve by Dan McDonald; seconded by Fran Roberts</td>
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| Director’s Update from Sally Reel | - Received $124,000 supplemental funding award from HRSA to offer an opioid substance abuse program.  
- HRSA Annual Report was submitted in July  
- AHEC Scholars Program successfully launched. This program has garnered national attention for Rural Health and AHEC. AHEC provided colleges with $10k to their budgets to hire Faculty Mentors.  
- Working on expanding Family and Community Medicine Residency Track, can expand two additional slots. External consult with Randy Longacre went will and further discussion ensued about moving forward with Rural Medicine at Banner Payson. |                   |
| Regional Center Presentations     | EAHCE – Jeri Byrne – Busy with the AHEC Scholars Immersion reminded them why their center exists. In planning stages for new year as programs are beginning again.  
GVAHEC – Martha McNair – Busy with AHEC Scholars Immersion felt students were engaged and interested. Fall interns have begun. ANEW program student is working at Gila River. HPV provider training at Wesley Clinic at the Gateway Center offered as a lunch and learn to bring all students across disciplines together. |                   |
NAHEC – Marica Martinic – Really enjoyed immersion of AHEC Scholars. Feels that in the future it would be best to give more time for immersion programs like the AHEC Scholars; there just wasn’t enough time for it all.

SEAHEC – Gail Emrick – AHEC Scholars Immersion students valued the interprofessionalism of the program. Students from Sonora participated in the immersion experience with the Scholars. The Winchester Heights community Center was inaugurated on August 18th and attended by Peggy Judd, Board of Supervisors of Cochise County; Carrie Langley, Director of Cochise Health & Social Services, and 5 of the Board members of the Legacy Foundation of Southeast AZ (which gave $100,000 donation grant award to SEAHEC for construction of the center). Susan Lange, Outreach Coordinator for Chiricahua Community Health Center was in attendance and they (Chiricahua) will be parking their mobile medical clinic at our Center on Fridays to offer health care services.

WAHEC – Edgardo Figueroa – AHEC Scholars Immersion offered a great learning experience for students. A total of 15 providers attended the event for the Lupus Project with the American College of Rheumatology on July 24th. College of Health Careers graduated 59 students from Medical Office Specialist (15), Certified Nursing Assisting (38), & Phlebotomy (6) from 06/201/-08/2018. RCBH/WAHEC continues working with the Colorado River Indian Tribe (CRIT) in training tribal members as CNA.RCBH/WAHEC has graduated a total of 16 students from Certified Nursing Assistance from 06/2018 to 08/2018 from La Paz County, Parker. RCBH/WAHEC is in the process to deliver a Medical Assistant class on October 2018. RCBH/WAHEC is in the process of opening 6 Transitional Living Homes in South Yuma County. These homes will provide professional support, education and a stable environment for individuals experiencing a hardship in their lives. RCBH/WAHEC is in the process of establishing a new HOSA Chapter for AZTEC High School. A total of 7 high schools are being sponsored by RCBH/WAHEC. RCBH/WAHEC secured two new affiliations agreements, University of Cincinnati and Maricopa County Community College District. RCBH/WAHEC in collaboration with the behavioral health department continues conducting monthly seminars to the community. These quarter topics were depression, crisis intervention and autism.

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<tr>
<th>Other Business or Informational Items (All)</th>
<th>Commission member nominations – still accepting completed applications; can add up to 3 individuals. Replacement wanted by next quarter.</th>
<th>Sally Reel</th>
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<tr>
<td>Adjournment at 2:12pm</td>
<td>Moved by Ron Weinstein; seconded by Pam Lusk</td>
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**ARIZONA AHEC COMMISSION MEETING MINUTES**

**DATE:** Tuesday, November 20, 2018  
**TIME:** 1:00-2:30pm  
**PLACE:** AHEC  
**COMMISSIONERS PRESENT:** Dan McDonald, Ron Weinstein; Remote: Agnes Attakai, Cheryl Blume, Jerry Cabrera, Kristina Diaz, Laura Dorrell, Amanda Klein, Pam Lusk, Marylyn McEwen, Fran Roberts  
**OTHERS PRESENT:** Jennifer Zuniga, Lisa Gelia; Remote: Marnie Babbitt, Jonathan Cartsonis, Suzanne David, Gail Emrick, Edgardo Figueroa, Graham Haer, Heather Hiser  
**CHAIRLED BY:** Sally Reel

### AGENDA ITEM: ANNOUNCEMENT/DISCUSSION

**Meeting was called to order at 1:05 p.m.**  
Welcome & Introductions

**Quorum Present 1:36pm**

**Minutes:** Approved with change (Cheryl Blume attended the August 2018 meeting)  
Motion to approve by Cheryl Blume; seconded by Dan McDonald

**Financial Report:** Graham Haer provided a verbal & written summary of the Year to Date Financial Report for the quarter ending September 30, 2018.

**Director’s Update from Sally Reel**

- Project ECHO: Plan to offer an opioid substance abuse program (AHEC supplemental funding received October 2018) approved by HRSA.
- AHEC Scholars Program: Approximately 53 students enrolled in the first cohort. A second community immersion event will be held in January 2019. The application period for academic year 19/20 will begin in January 2019.
- Family and Community Medicine Residency Track: Expected to be in place in 2020. Implementation may be delayed if ACGME requires accreditation for each site.
- AzAHEC Grants Program: Research and Project Small Grant Program RFA will be released week of November 26th.
- Center Contracts: Issuance of the 2018/2019 Regional Center contracts is in process. An RFA for the central region of the state is under review and expected to be released in January 2019.
- Housing: A replacement trailer for Hopi Healthcare is in the federal procurement process, discussions are taking place between Bruce Vaughn and IHS regarding leasing arrangements. Additional housing in Yuma will be explored.
### Regional Center Presentations

**EAHEC** – No report

- NAHEC – Marnie Babbitt and Heather Hiser for Marica Martinic
  - Girls on the Run program held a 5K run on November 10, 2018
  - NAHEC will partner with NAU on a grant from the Arizona Biomedical Research Centre (ABRC).
  - Search underway to fill the Residency Program Director position.
  - NAHEC is partnering with the Arizona Geriatric Workforce Enhancement Program (AzGWEP) for additional programs.

**NAHEC** – Marnie Babbitt and Heather Hiser for Marica Martinic
- Girls on the Run program held a 5K run on November 10, 2018
- NAHEC will partner with NAU on a grant from the Arizona Biomedical Research Centre (ABRC).
- Search underway to fill the Residency Program Director position.
- NAHEC is partnering with the Arizona Geriatric Workforce Enhancement Program (AzGWEP) for additional programs.

**SEAHEC** – Gail Emrick
- SEAHEC received the Non-Profit Organization of the Year Award from the Arizona Community Foundation of Cochise, along with a grant from the Healthy Farms/Healthy Communities Program in the amount of $3,555.
- SEAHEC has partnered with Chiricahua Community Health Centers to provide a weekly mobile clinic at the Winchester Heights Community Center.
- Gail Emrick has been appointed At Large Representative to the National AHEC Organization Board of Directors.

**WAHEC** – Edgardo Figueroa
- College of Health Careers graduated 83 students from Medical Office Assistant (25), Certified Nursing Assistant (54) and Phlebotomy (4) from 09/2018 – 11/2018.
- RCBH/WAHEC is providing 6 month life skills, vocational training/back to work programs for homeless individuals in San Luis and Somerton.
- RCBH/WAHEC received a grant in the amount of $30,000 from the U.S. Department of Agriculture Rural Development to expand services in La Paz county.

### Other Business or Informational Items (All)

- No new business.

### Adjournment at 2:20pm

Moved by Ron Weinstein; seconded by Dan McDonald
DATE: February 25, 2019
TIME: 11:00-12:30pm
PLACE: AHEC
COMMISSIONERS PRESENT: Dan McDonald; Remote: Cheryl Blume, Amanda Klein, Pam Lusk, Marylyn McEwen
OTHERS PRESENT: Jennifer Zuniga, Colleen Reed, Nicole Paredes, Sonia Cota-Robles, Michelle Aros; Remote: Marney Babbitt-Pierce, Jonathan Cartsonis, Carlos Gonzales, Gail Emrick, Edgardo Figueroa, Claudia Gonzales, MariaJose Almazan, Christy Pacheco, Martha McNair, Dan Derksen, Jeri Byrne, Heather Hiser, Elizabeth Hall-Lipsy
CHAIRLED BY: Sally Reel

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<td>No Quorum Present</td>
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<tr>
<td>Minutes:</td>
<td>Marney Babbitt-Pierce notes correction to name</td>
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| Director’s Update from Sally Reel | - AHEC Scholars Experience in January for assessment assignment which will lead to a poster presentation at RHPP Conference in April and help them determine the region they are interested in working with. New scholar cohorts will be determined beginning in May.  
- Project Echo Team and Center Directors have been working hard on getting CME and CNEs established for programs.  
- Sonia Cota-Robles new AHEC Evaluation Specialist introduced.  
- Nicole Paredes new Program Manager introduced.  
- Graham Haer has resigned after working remotely for almost two years. Michelle Aros and her team assisting until new finance person hired.  
- Request for Proposal for new Maricopa Regional Center vendor has been sent out. |  |
| Regional Center Presentations | EAHEC – No report |  
GVAHEC – No report |  
NAHEC - Actively participating with AHEC Scholars, MAT ECHO, and the Future Health Leaders Summer programs. Hiring two RDMEs for our ATSU campus. Still seeking funding for the Family |  |
Medicine Residency. Working with the office of Diversity and Inclusion at UA to plan the Med-Start summer program.

SEAHEC - Project ECHO Update have had two trainings in the region, held at: UA Arizona telemedicine Program office; and the other in Willcox; 7 participants total including 4 FNP’s, 1 FNP student and 2 pharmacists. AHEC Scholars Program workshop held with 4 participants to identify gaps in information to develop a community survey. New hire Beth Robinson, as half time CE/CME Coordinator focusing on Cochise County and coordinating our Project ECHO efforts. Continuing work with rural youth, Future Health Leaders clubs, Med-Start applications and preparation for summer camps.

WAHEC - College of Health Careers graduated a total of 40 students this quarter: MOS (17), CNA (14), Phlebotomy (4) & MCB (5). Area clinical rotations include: CHATAM PA Program, UoF College of Medicine, Midwestern PA Program, UoF PhD program, Wildlife and food safety (Dept. of Soil, water and environmental services) and Gateway Community College (Sonography). CNA Aztec Project program began in January, 5 students currently enrolled. ECHO Project has total of 18 participants. RCBH/WAHEC along with BH department are addressing the opiate crisis by conducting presentation across Yuma county. Hosted 11 students from the AHEC Scholars program in January. Coordinated annual TB Symposium in December with US and Mexican officials, 130 participants participated in the event. RCBH/WAHEC working with NAU Perchlorate Research Study to study Yuma drinking water for contaminants. RCBH/WAHEC along with U of A is involved in the Nattokinase study to improve insulin sensitivity and weight loss in women with obesity and diabetes.

| Other Business or Informational Items (All) | No new business. |
| Adjournment at 12:14pm | |
Meeting was called to order at 11:01 a.m.

Welcome & Introductions

Quorum Present at 11:10 a.m.

Minutes:
Sally Reel requests two changes to director’s update: Add **AHEC Scholars** to first bullet point. Add **Project Echo** Team to second bullet point.

Financial Report:
Michelle Aros provided a written summary of the Year to Date Financial Report for the quarter ending March 31, 2019.

Director's Update from Sally Reel
- New AHEC Center awarded to Arizona Alliance for Community Health Centers (AACHC). John McDonald, CEO for AACHC; Sean Clendenan will be Central Arizona AHEC Director (CAAHEC)
- First AHEC Scholars cohort completed May 2019. They have a mandatory presentation in second year. Plan is for students to present at the Interprofessional Rural Health Professions Conference. Considering making conference more formal, opening to national audience, which would require a planning committee to move forward. Additional details will be available in August. Commissioners may be asked to volunteer for planning committee.
- Project Echo has been highly successful with 52 participants and 38 of those are MDs and NPs. We have received many requests to offer the program regularly.
- New Finance Director, Amanda Perkins, will begin on June 17.
- Edgardo Figueroa, former WAHEC director, has begun working within the AHEC Central Office as a Program Manager.
- We are accepting commission member nominations for the 3 vacant seats. All nominations should be submitted by August.
- Non-competitive continuation report submitted to HRSA in April.
- The sixth regional AHEC Center did not receive final approval to move forward.
- HRSA Performance Report is due July 31, 2019.
- Lottery dollars for approximately $5M will arrive after July 1.

Regional Center Presentations
EAHEC – Taken lead at organizing and facilitating Future Health Leaders Program which will be offered at ASU’s downtown campus. Summer camps are underway with 7th-9th graders completing Summer Scrubs Camp in June. EAHEC has secured new
housing in Payson, Safford, Thatcher, and Globe. Will be able to offer more opportunities for student’s preceptors as now have a pediatrician and OB/GYN doctor on board. Project Echo offered good quality telemedicine which is hard for most to find in these remote communities.

GVAHEC – Sally Reel read Martha McNair’s report – which is attached to the end of these minutes.

NAHEC - Graduated 9th class of ATSU-SOMA students and hosted the AZ SEARCH annual meeting on 5/31/19. Restructured budget to provide housing stipends for students doing rotations in our region. Students with interest should contact Heather Hiser. Several summer programs coming up, including Future Health Leaders and the Indigenous Pride Health Workers. Ready to launch residency program and will be attending the AAFP national conference for resident recruitment in July. Ed Paul, MD hired as our residency program director. Working on an agreement with UA COM-Phoenix for faculty development and library access. The Arizona legislature passed a budget with $750,000 to support program. First residents will start July 2020.

SEAHEC - Hired Health Education Coordinator, to support opioid training, local resources and the role of the poison center. Developing service learning opportunity with UAHS-Project MILAGRO and will expose students to health care provision to migrants, root causes of migration and health impact here in our border region; will initiate July 1. Brenda Sanchez was hired as a to coordinate this effort and other border health initiatives. Health Career Clubs/Future Health Leaders: Successful year with 7 clubs and over 150 participants from around southeast AZ. SEAHEC and Tohono O’odham Community College will offer a two week, for college credit summer youth learning institute focusing on health careers and college preparedness in June.

WAHEC - Groundbreaking Ceremony for the San Luis Medical Mall took place May 23rd; 130 participants. Continuing collaboration with UA College of Public Health and Border Health Services Learning Institute this summer with 12 students in the CPH master program. Working with Colorado River Indian Tribe in Parker to bring services on the reservation for primary care/behavioral health and training. This summer offering: Nuestros Ninos Program with 14 HS students; Asthma Camp with 58 kids participating and hosting the Yuma Pharm Camp. Working with Dr. Leopoldo Cobos on a Nattokinase study to improve insulin sensitivity and weight loss in women with Obesity and Diabetes. Program received AzAHEC Small Grant.

Other Business or Informational Items (All)  

Upcoming Commission Meetings: August 22, 2019; November 21, 2019, February 27, 2020, and May 28, 2020 (though would consider moving to May 21 if requested).

AHEC scholars continues to be a success; and during the recent National AHEC Organization leadership conference, in San Diego, CA, our AZ program was held as a gold standard together with that of North Carolina. 

G.Emrick reported
GVAHEC Center update

1. GVAHEC is busy wrapping up our programs which will be ending on June 30th. At the Wesley Community Health Center in South Phoenix we will have our final monthly interprofessional educational lunch and learn with staff and clinical students in June. The last activity in April included a case study discussion and five student presentations on topics including H-Pylori, UTIs, Shingles, Morton's neuroma, and hyperemesis. In addition we will be providing the Wesley Center with support for seven UACOM students who have or will complete clinical rotations by June 30th.

2. As a result of our partnership with Gila River, GVAHEC has been able to assist in the placement of one UACOM student who will be completing their clinical rotation in May and June.

3. GVAHEC is partnering with the UA Office of Diversity and Inclusion to conduct the second annual Native Health Professions day on June 21st at the UACOM Phoenix. Students will get the opportunity hear from various college health professions programs, talk to Native American students in college, take an interactive tour of the sim lab and attend a mini-health career fair. We are also partnering with MEZCOP to provide a 5 day health careers camp in June to high school students in Pinal County.

4. GVAHEC continues to participate in the Future Health Leader summer camp planning process and received many applications this year. Two of our allied health interns will be participating in camp as chaperones and GVAHEC nutrition interns will be leading a camp activity focusing on the topic of food insecurity.

5. GVAHEC had 13 health care providers (including two AHEC scholars) complete the UA MAT Training and was able to provide five $1500 stipends. We continue to promote the project ECHO training webinars to our providers and have several regular attendees.

6. This month GVAHEC conducted a Mental Health First Aid Training for eleven people including staff, community members and three allied health student interns.

7. GVAHEC allied health interns continue to provide education on health topics to Horizon Health and Wellness patients enrolled in the yearlong STOP program, a medically assisted drug treatment program.